



What you can do this month:
** Consider AAUW (local, state, or national) for a donation on Giving Tuesday, November 28
**Add December 7 to your calendar for our Annual Holiday Dinner

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PROGRAM

November

There is no Branch Program scheduled for November.

December

Save the Date! The Annual Holiday Dinner will be held on Thursday, December 7. Details will be available in the December newsletter and Friday Updates.



MEMBERSHIP

Make A Difference Day is scheduled for January 13, 2024. This is a great opportunity to promote our branch and talk with folks about becoming members. Volunteers are needed for shifts between 10 AM and 2 PM. Contact Tina Amber or Anita Massey if you would like to help.

FROM OUR BRANCH PRESIDENT

Branch Health and Growth

We agreed that there would be no regular President's note this year as it often was just a summary of what other's would share. Today it is the "others" I want to talk about.

We are not a large group, and those still active in day-to-day committees is an even smaller number. These women work really hard and for no compensation other than an occasional *thank you*. Some of what we as a branch accomplish is awe inspiring, and, like every other group, some things may be a little wonky. Either way, as you join in an interest group, a branch wide meeting or a special program, please think kindly about the small but mighty teams that make these things happen.

Should you be so inclined, there is always a place for you to help out. If you can't make a regular commitment as a board member or committee chair, there are many places an hour or two or an extra pair of hands would be welcomed and appreciated.

If you know a neighbor or a friend who might be interested in our work, bring them to something or let [Tina Amber](#) know, and she will see that they are invited. New friends bring new ideas, energy and lighten the load for all of us.

With that, I want to extend my thanks to the 2023-24 board and all of the committees that support AAUW-LPD.

FROM AAUW OF CALIFORNIA

Once upon a time . . .

We all have AAUW stories. We want to hear one of yours. Not why you joined AAUW. Not what jobs you've held. Not the details of your branch's recipe book sales profit. We want to hear about your *AAUW Moment*, a time when you had a sudden heartwarming flash of happiness, gratitude, pride, excitement, or hilarity because you're a part of this organization. Keep your story to fewer than 350 words and send it with your name and branch to cc@aauw-ca.org.

Peer-to-Peer Sharing

AAUW of California is trying something new—a focus on monthly, informal, peer-to-peer sharing sessions for branch leaders. Membership VPs can talk to other membership VPs, program chairs can talk to other program chairs, presidents can talk to other presidents. There are nine peer groups meeting regularly to share need-to-know info, how-tos, the good, bad and ugly of their jobs. Their meeting schedules and recordings are available [here](#). This is a great resource for current branch leaders and those who may be considering taking on a larger role.

ADVOCACY

AAUW of California's Public Policy team and the School Board Project Committee are looking at the issue of book banning and censorship. View their recent [webinar here](#).

OF GENERAL INTEREST

Interested in the challenges of cell phone use by students? [Click here](#) for a recent report from CBS News.

AAUW FUND

Do you ever wonder what happens with donations that you make to the AAUW Fund? The AAUW Fund allows women to pursue advanced research and degrees in a variety of areas, including science medicine, movement or mental health. Our branch donations (your generous gifts) are blended with the donations from other branches to multiple our gifts.

This month's article features Logan Scharadin, recipient of a Career Development Grant through the Patricia Ann Mann Fund #4036 and a woman dedicated to healing. That's an idea that the world needs to embrace now more than ever.

Career Development Grants

Name: [Logan Scharadin](#)

Award Year: 2022-23

Award: Career Development Grant

Institution: Naropa Institute

Location: Boulder, Colorado

Discipline: Psychology

Degree and Specialization: M.A.,
Somatic Psychology



Logan Scharadin is a certified meditation guide and a lifelong movement artist who holds a bachelor of fine arts in dance performance from the State University of New York, Purchase's Dance Conservatory. Her passion for mindfulness, the body and interest in psychology has led her to begin her master's in clinical mental-health counseling in the somatic counseling program. Her professional goals include working as a somatic counselor, creating an online wellness community for women, hosting retreats and, someday, building a healing retreat center.

GIRLS' PROGRAMS

Tech Trek

LPD-Tech Trek now has a local non-profit account! No more writing a check to the CA-SPF and waiting months for it to clear. You can now write your checks directly to: LPD-AAUW Tech Trek Scholarship, a 501(c)3. Thank you for your continued support of this program.

IMPORTANT LINKS

As an AAUW member, you have access to a wide array of online resources, including:

AAUW-LPD [website](#) and [calendar](#)

[AAUW California website](#)

[AAUW national website](#)

You also should be receiving our local Friday Update via email, along with messages from AAUW California and National. If you are not receiving these please be sure your membership is current, then contact [Tina Amber](#) for membership assistance.

YOUR 2023-2024 LPD BOARD

Branch Board meetings are held on the first Wednesday of the month. Contact [Anita Massey](#) if you would like to attend. Meetings are either in person or via Zoom (or both).

Officers:

President/Administrator - Anita Massey

Program Chair - Gwen Locke

Finance - Pam Leong

Membership - Tina Amber

Directors:

AAUW Fund - PJ Wells

Interbranch Council Liaison - Charlene Grandfield

Communications Coordinator - Marilyn Duman

Publicity - Roz Wright

Secretary - Pam Leong

STEM Director - Anita Massey



CELEBRATIONS

October meeting about Artificial Intelligence

About 20 branch members gathered on October 19 to hear a panel presentation about Artificial Intelligence and its potential impact on our lives. Branch members Laurene Green-Horner, P.J. Wells, Marilyn Duman, Roz Wright, and Naomi Siu presented their research on AI definitions and its impact in health care, education, and deep fakes ([presentation](#) by Naomi).

If you are interested in attending another program on this issue, please contact [Gwen Locke](#).



BRANCH ACTIVITIES AND INTEREST GROUPS

Board Meeting

Branch Board meetings are held on the first Wednesday of the month. Everyone is welcome at board meetings, so please contact [Anita Massey](mailto:Anita.Massey) if you plan to attend.

International Lunch Group

This group will resume lunches in November. If you would like to recommend a restaurant, please send your recommendations to Tina at tmamber6@gmail.com.

Look for an Evite soon.

Interest groups are open to active LPD-AAUW branch members only.

Guests may attend a maximum of three times without becoming a member.

International Lunch Group	First get-together in October	Watch for an Evite. Contact tmamber6@gmail.com with suggestions for locations.
Monday Night Bridge	7 PM, 2 nd and 4 th Mondays	Various locations
Morning Book Group	9:30 AM, 3 rd Thursdays in November and December	
Afternoon Book Group	1:30 PM, 2 nd Wednesday	
Mission Discussion Group	10 AM, 2 nd Thursday	
Coffee and . . .		Taking a break for a few months!
Cocktails & Conversation	5:30 PM, 1 st Thursday	November 2 828 Bites & Brews 828 Main Street, Pleasanton

