

The Grapevine

February 2023



President's Message

We continue to return to a semi-normal schedule and have some great events planned. Please continue to check the [branch calendar](#) on the branch website and to read the Friday email updates.

Thank you to **PJ Wells** and her committee for planning the upcoming **Bright Futures for Women Career Series!** We need your help to promote this event. The programs are online so anyone from anywhere can register. Look for details later in the newsletter, as well as in the Friday updates.

Please join us at coffee, cocktails, programs, and interest groups. We need your participation if we are to have a vibrant and active organization!

All the best!

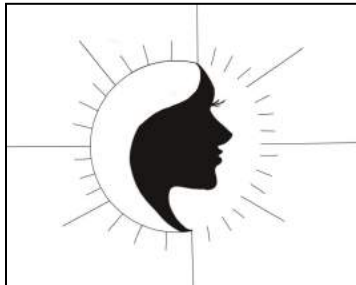
[Marilyn Duman](#)
AAUW LPD President

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Bright Futures for Women Career Series 2023

January 31, February 8, February 16
7:00-8:00PM

What do a Paleocologist, a Quantum Computer Scientist, and a Mechanical Technologist have in common? They are guest panelists featured in the

2023 Bright Futures For Women Career Series hosted by our Livermore-Pleasanton-Dublin branch!

Help us to spread the word about this wonderful branch-created and produced event. The program is three virtual zoom sessions. Each session features a panel of professional women sharing their career experiences—see page 2 of this issue for each panel's speakers.

This event is suitable for any young person in high school, college, or early in their career. Since these sessions are online, they can attend one or all of these sessions from wherever they live!

For [more information](#) about the program and [registration information](#) please click [HERE](#). This page also includes links to the 2022 Career Panel recordings.

"Women are like teabags. We don't know our true strength until we are in hot water." Eleanor Roosevelt

AAUW Mission

To advance gender equity for women and girls through research, education, and advocacy.

Submit *Grapevine* information to editor [Devon LaHar](#) by 3/20/23



AAUW LPD Programs Update

The branch program committee wants to thank branch member **Tina Amber** for providing an excellent review of first aid measures. I think all of us left feeling better about what to do in an emergency, how to recognize stroke symptoms, use an EPI pen and most surprising to many of us...how easy it is to use an AED unit (automated external defibrillator) as they are showing up in most public places.

We are again working with Town Center books on an author event for Women's History Day in March. Watch the Friday update and EVITE for details as the event is finalized.

HOLD THE DATE – AAUW-LPD's annual meeting will be held **Saturday, April 22** at the [Zephyr Grill](#) in Livermore. Details will be available soon.

[Anita Massey](#) and [Sheryl Morgan](#), Programs

From PJ Wells:

*The **First Aid Refresh** provided by Tina Amber at the Livermore Library on 01/17/2023 was excellent. Because I have a band-aid kit at home, I thought I had "first aid." Nope. Big difference in what Tina taught us about the ability to administer aid during an emergency.*

Need CPR, having a heart attack, stroke, extreme reaction to food or drugs or bee stings, choking, burning, bleeding — know how to apply a tourniquet? Can you utilize an AED unit with confidence? I'm a novice, but less so thanks to this training. There is a lot to learn and a lot who benefit from knowing simple questions to ask, traits to observe, and rehearsing an emergency. This was so worth the 1.5 hours invested on my part — much more on Tina's part, I am certain. We practiced on dummies, fired up the AED machine to restart a heart, and exclaimed at our ignorance. In case of emergency, I hope I have Tina close by — chances are good I will not and must face the situation myself. In that case, I may need an annual refresh. Many thanks, Tina!

Speakers: 2023 Bright Futures for Women Career Series

Click [HERE](#) to register for one, two, or all sessions!

1/31/2023 (Session 1)

1. Estelle Reyes, VP-LA CleanTech Incubator, STEM
2. Lynda Tesillo, Mechanical Engineer @ LLNL
3. Sarah Palmer, Zone 7 Water Board

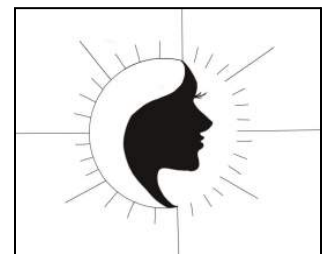
2/08/2023 (Session 2)

4. Carolyn Hall, Institutional Biosafety Officer @ LLNL
5. Mekena Metcalf, Quantum Computing Scientist
6. Anusha Iyengar, PhD Candidate, Molecular Biology

2/16/2023 (Session 3)

7. Jessica Blois, Paleoecologist & Associate Professor @ UC-Merced
8. Marylou Manzo, Mechanical Technologist @ LLNL
9. Kyndra Cleveland, Developmental Psychologist & Lawyer

Our 2022 Career Panel Recordings can be viewed [here](#).





Local Scholarship Non-Event

Watch your mailbox for the 2023 [branch Local Scholarship](#) annual fundraiser announcement!

This is the easiest fundraiser in which to participate, since you just need to imagine a fun experience, write a check, and mail in the envelope provided from the comfort of your own home.

The monies raised are given to young women in their junior or senior year of college. We want to support completion of their degree program.

Our annual goal has been \$6,000. Last year, we surpassed that amount, largely because of memorial donations honoring several members who passed away, receiving \$11,230. We have also received several grants which are tax deductible because of our status as a 501(c)(3) organization. If you request matching donations from an employer, please use our EIN 90-0534633.

Hopefully, you have had the chance to meet our 2022 winners [Sadie Eldredge](#) and [Aditi Jagannathan](#), either in person or via the YouTube videos that they have submitted. These are amazing young women on paths to success!

Please donate generously and support our future scholarship winners.

Vicki-Dawn Rader and Ginny Reineking, Local Scholarship Co-Chairs



Membership Updates

Evites

One of the main methods we use to notify our members of upcoming events is through EVITE. This system allows us to track RSVPs (which is very important if you are hosting an event). It also allows us to send messages to those who are attending or to remind those who have not responded. If you are having any issues with EVITE, have not received an EVITE invitation or do not know how to respond, please [call Tina Amber](#) at 925-640-8694 for assistance. We are looking forward to seeing everyone at the April 22 luncheon.

Membership Renewal

It is hard to believe, but we will soon be starting membership renewals for the 2023-2024 year. As with almost all organizations and any online account, each person will need to set up their own account with their own passcode. I know that when AAUW rolled out their new membership system last year it was problematic. However, almost all of the issues have been resolved and this year you will be asked to move to this new system. I will be posting more information in the coming months.

[Tina Amber](#), Membership



Thank you from CA Connection! Were you the kid who asked for extra credit work? Yep, we thought so. We are such overachievers. **We set a goal and then we overshoot it.** Our target for [AAUW Fund contributions](#) by California members was a lofty **\$525,000**. So, of course, we exceeded it. You put your money where your mouth was and donated an additional **\$44,682** (as of November) to support AAUW's mission and programs. Thank you for your commitment and generosity!



Click [HERE](#) to see **AAUW National's 2022 Year in Review**.

Click [HERE](#) to read Gloria Blackwell's interview in **Ms. Magazine** (1/05/2023)

"Over the past 14 decades, AAUW has evolved to become the leading voice in advancing gender equity in the U.S...For me, our work together to create a fair world for women and girls is near the top of that list. For me, our work together to create a fair world for women and girls is near the top of that list..."

Read a message from Gloria Blackwell (CEO, AAUW National) and highlights, including:

- **We Released Cutting-Edge Equity Research.** In February, we partnered with the Eos Foundation to publish [The Women's Power Gap at Elite Universities: Scaling the Ivory Tower](#), which found that only 22% of presidents at elite U.S. research universities are women, and a mere 5% are women of color.
- The **2022 update** of [The Simple Truth](#) shows that, using the new calculation, women were paid just 77 cents for every dollar paid to men in 2021.
- **We Gave Women Access to Career-Building Skills.** This summer, the Coca-Cola Foundation renewed its support of our [Women's Economic Empowerment Initiative](#) for another year. This allowed us to expand our partnership with Historically Black Colleges and Universities (HBCUs).
- **We Stood Up for Women.** In May, we held our second successful all-virtual [National Conference for College Women Student Leaders](#). Hundreds of students were inspired by Gloria Blackwell's keynote conversation with **Nikole Hannah-Jones**, the Pulitzer-prize-winning creator of [The 1619 Project](#) and a staff writer at *The New York Times Magazine*.
- **We supported and celebrated** the confirmation of [Ketanji Brown Jackson](#), the first Black justice to serve on the U.S. Supreme Court.
- Following the Supreme Court's [devastating decision](#) to overturn **Roe v. Wade** in June, we took to the streets in protest, worked in close coalition with our partners, and provided updated guidance to our members and supporters on how to [rally for reproductive rights](#).
- **We Marked Milestones!** Following the [Title IX 50th anniversary](#) in June, we celebrated in style with AAUW alumni and U.S. Attorney Rachael Rollins. And we worked in partnership with members and other organizations to ensure the **new proposed rules** issued by the Biden Administration strengthen this landmark legislation.
- We kicked off our year-long celebration of [AAUW's 140th Anniversary](#) and highlighted remarkable alumni, including **Esther Ngumbi, Ph.D.**, on International Women's Day in March, and **Keisha Blain, Ph.D.**, in October.
- Among our amazing [Fellows and Grantees](#), we were thrilled to award **\$6 million**—our largest-ever amount—to women scholars and equity-based community projects in 2022-23.



Mae Jemison,
first Black woman
to fly to space

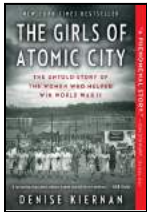
AAUW California Celebrates Black Women in History for Black History Month, February 2023

Nancy Major, AAUW California Public Policy Committee

Many Black women have made significant contributions to history, thought, society, innovation, science, government, civil rights, women's rights, and much more. For Black History month we celebrate the achievements of but a few ([click here to read more](#)).

Books About Women by Women

AAUW branch member **Walt Morgan** reviewed the book [The Apocalypse Factory: Plutonium and the Making of the Atomic Age](#) (Steve Olsen) at our January branch afternoon book group. Walt shared several related book titles, including this one about women by a female author:



[The Girls of Atomic City: The Untold Story of the Women Who Helped Win World War II](#)

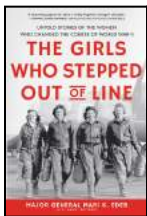
(Denise Kiernan) The true story of young women during World War II who worked in a secret city dedicated to making fuel for the first atomic bomb. Hear the author's lecture at women's Meredith College. [PBS News Hour author interview](#) (7 minutes).

Two more related books about about women by women:



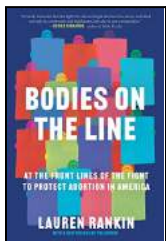
[The Radium Girls: The Dark Story of America's Shining Women](#) (Kate Moore)

The true story of women (exposed to radium in early 1900's factories across the U.S.) who waged a groundbreaking battle to strengthen workers' rights.



[The Girls Who Stepped Out of Line: Untold Stories of the Women Who Changed the Course of World War II](#) (Mari Eder)

The lives and experiences of 15 unknown women heroes from the Greatest Generation, women who made things happen during WWII—in and out of uniform.



Lauren Rankin is a writer, speaker, and expert on abortion rights in the United States. She spent six years as a clinic escort at an independent abortion clinic in New Jersey. She is the author of [Bodies on the Line: At the Front Lines of the Fight to Protect Abortion in America](#). Her work has been featured in *The Washington Post*, *The Cut*, *Fast Company*, *Teen Vogue*, *Refinery29*, *NBC News*, and many other publications.

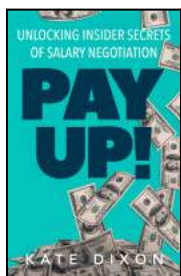
State and Local Salary History Bans

What is this? A salary history ban prohibits employers from asking job applicants questions concerning their previous or current salary. These bans have been introduced to [help promote pay equity](#), particularly benefiting those who may have faced gender or race-related pay disparity in previous jobs.

Why is this important? Relying on salary history to set future salary assumes that prior salaries were fairly established in the first place. Using salary histories (which may have been tainted by bias) means that discriminatory pay follows workers wherever they go, whatever their job, no matter their abilities. Curtailing this practice will go a long way in our fight for pay equity.

[See the list](#) of states and localities that regulate the practice in some form.

Read more: [Pay Up! Unlocking Insider Secrets of Salary Negotiation](#) author [Kate Dixon](#) has helped her clients walk away from negotiations feeling heard and valued — and you can, too. Are you ready?





Looking for our AAUW-LPD branch activities calendar?

Click on our [branch calendar](#) link to see month-by-month activities.
Click on any calendar entry link for more information.

Watch also for our AAUW-LPD Friday update emails.

Activities & Interest Groups

International Lunch Group	Meets on various days and times. Watch for an Evite
Monday Night Bridge	Meets the 2 nd Monday of the month at 7 pm
Morning Book Group	Meets the 4 th Thursday of the month at 9:30 am
Afternoon Book Group	Meets the 2 nd Wednesday of the month at 1:30 pm
Mission Discussion Group	Meets the 2 nd Thursday of the month at 10 am
Solo Dining Group	Meets the 2 nd Friday of the month for lunch or dinner
Coffee and...	Meets the 3 rd Thursday of the month at 10 am at Paris Baguette (6700, Santa Rita Rd., Pleasanton)
Cocktails & Conversation	Meets the 1 st Thursday of the month at 5:30 pm at 828 Bites & Brews (828 Main St., Pleasanton)



2023 AAUW National Art Contest is here!

What motivates AAUW to host an annual art contest? Our goal: To give women artists the attention they deserve!

Click [HERE](#) to view the AAUW National 2023 Annual Art Contest entries.

You can vote for 2023 Art Contest entries you like. **February 2-February 10** is the voting window. **Watch your Friday email update** for the [voting link](#).

Let's support long-time branch member and artist **Charlotte Severin!** **Vote** for Charlotte Severin's 2023 art contest entry **Filoli Gardens** (above) when voting begins on February 2. The six winning entries are featured in a notecard collection sent to all members this spring!

Women are underrepresented and undervalued in the art world. [Only a third of artists](#) represented by commercial galleries are women. Women working in arts professions are paid on average [74 cents to every dollar paid to men](#).

Do you want to play Mah Jongg? Mah Jongg is a hot topic! We have had several inquiries from prospective members who want to play American Mah Jongg. At this time we do not have an active group. We are happy to restart a group if there is enough interest. If you are interested, please email [Anita Massey](#). If you'd like to play but never have, we are happy to teach you.

Share what you read or saw that affected you during 2022! [Click here](#) to **share** with your fellow AAUW branch members! A few sentences, a short paragraph, or an e-link in the *Grapevine* are always welcome.